



INFORMATION FOR ALL PARTICIPANTS

Race 3 Te Atatu Peninsula, Te Atatu

Sunday 5th July 2026

Welcome to Race 3 of The Athlete's Foot Run Auckland Series & Half Marathon 2025.

We hope everyone who has joined us for the first two events has enjoyed the series so far. It's been a fantastic start, with both Race 1 and Race 2 delivering stunning mornings, particularly at Northcote, creating a great atmosphere across both events.

As a result of ongoing works at our usual start/finish area to improve the park facilities, this space is currently under development and will become an exciting enhancement for the event in the future once completed. In the meantime, and to ensure a smooth event experience, the Race 3 event village will be located at Harbourview Beach Reserve.

Now it's time to set you up for Race 3. Please take a moment to read all the information below carefully, as it includes important event details—particularly around parking in the area—as well as other useful information to help you prepare for race day.

20 Years of Run Auckland – 🏆 Race 3 – Celebrating Our OGs (Original Gangsters)

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As part of our 20th Anniversary celebrations, we're excited to recognise our **OGs (Original Gangsters)**—participants who have completed all six races in at least five of the past seven years. While we don't have complete participation records from before this



period, this is our way of celebrating the incredible loyalty and commitment of those who have helped make Run Auckland what it is today.

At Race 3 in Te Atatū, we'll be celebrating these dedicated participants with our **very special Barrier cover**, with their names on it, created exclusively to recognise their outstanding support of the series over many years. Also, they will be given a voucher for 50% off the Run Auckland Series Pass to use when they want

A huge thank you to all of our OGs. Your dedication, enthusiasm, and continued support have helped build the amazing Run Auckland community we have today. We look forward to celebrating with you this Sunday!

Getting to the event and Parking

The Event Village and start/finish line are located at Harbourview Beach Reserve, at the end of Harbour View Road in Te Atatū. If you need assistance finding it, simply enter “Harbourview Beach Reserve, Te Atatu” into Google Maps and it will take you directly there. There is a reasonable amount of street parking available in the surrounding area.

Please do not attempt to enter the Harbourview Beach Reserve carpark, as this will be closed for the duration of the event. We also kindly ask that you do not park on the left-hand side when leaving the reserve (marked by cones), around the corner of Harbour View Road and Riverstone Road. This section is narrow, and we need to keep part of the road clear for runners and walkers, particularly near the start of the event where space is limited.



Race Pack Pick Up

This will be held on the day of the event for any remaining Series Pass entrants and single race entrants. The event village will open at 7am, please allow extra time if you do need to pick up your race pack



Gear bag drop

If you have a gear bag you wish to leave with us while you are on the course, you can drop that off at our gear drop point at the registration tent. Please make sure your belongings are contained in a bag for this purpose and clearly labelled with your name and race number. Please note that while all care will be taken to ensure the security of your belongings, RunNZ Ltd take no responsibility for any loss or damage to your belongings while they are under our care.

Race day schedule

7.00am Race Venue Opens to Participants

7.00 -7.55am 5km Rego & Late Entries

7.45am Race Safety Briefing 5km

8.00am 5k Runners Start

8.02am 5k Walkers Start

8.00-8.45am 10km Rego & Late Entries

8.30am Race Safety Briefing 10km

8.45am 10k Runners Start

8:47am 10k Walkers Start

8.45-10.10am RUN kids Rego & Late Entries

10.10am Race Safety Briefing The Athletes Foot Kids Dash Participants

10.15am The Athletes Foot Kids Dash Start

10.45am Prizegiving



Course maps

5km and 10km Course





Kids Dash Course



The Course

The course at Te Atatu offers a varied terrain, featuring a combination of footpaths and gravel tracks. Participants can comfortably wear road shoes for this course. However, it is worth noting that there are two wooden bridges on the course that may become slightly slippery if wet, so extra caution is advised when crossing them.

Please also note that this course is subject to change with current works around the Harbourview Peoples Park, so keep an eye on any further announcements



Aid stations

The course will be clearly marked for your distance, but please ensure you know the course and follow any markers and instructions from marshals. There will be drink stations located on the course at the 2km mark, this will allow runners/walkers to access water at 2km, 3.7km, 7km and 8.7km.

NOTE We will have a filling station at the start/finish with water and R-line, but part of our goal to reach 0 waste, we will not have cups available in the village, so you will need to bring a drink bottle or reusable cup to use before and after the race.

Timing

Timing will be provided by RunNZ, and provisional results posted after the race has finished.

Please ensure that your Shoe Tag is attached to your shoe (see picture for location) for each race. This will not work if in your pocket, attached to your race bib.

For those doing the series, they need to keep hold of this chip and use for all 6 races. For those doing single race/s, you are to return your timing chip (place in bins provided in village) after each race.



It is important that you do look after your timing chip and bring this for each event. If you forget this and require a replacement, it will be a \$10 cost.



Changing Distance or Event

If you need to change your race distance for whatever reason – injury or you feel super awesome - just pop up to the registration area on race day and they will take your name and race number and change of distance. Easy as!

If you are entered in the walk you **MUST** walk the whole event. If you intend to run at all, even a little run/walk you should be entered in the run event. You can change your event at registration if you need to.

Pacers

We are really pleased to once again have the amazing team from MetroRun on board once again this year to provide pacers to help you achieve your goals. They will provide pacers for both the 5km and 10km distances. Just look out for their flags for your goal time and pace and remember to thank them after the event if you reach your goal!

The Event Village

The heart of the Run Auckland event! We are really excited to bring the Run Auckland Series to you this year. We are keen for the start/finish line to be a place where you can enjoy sharing your race highs and lows with your fellow competitors. Stick around and enjoy the atmosphere as we cheer everyone across the finish line. The highlight of the event is always the Kids dash – where we cheer on our future generation of runners and walkers. Some of the highlights you can look forward to at the Event Village while you cheer them on include:



- Our MC will keep the music going and will keep your spirits up.
- Our sponsors will be there including Peak Pilates and Physiotherapy to offer you a post-event massage, R-line, Steigen and Domestique, and will be along with other exhibitors so please go check them out
- Pete and the all-important coffee cart
- Sausage Sizzle run by the Orewa Scouts (Scout Group) please bring some cash to support them and enjoy a hot sausage sizzle before or after your event, and help them raising funds for Jamboree
- Plus, a range of other sponsors and exhibitors

Spot prizes

We have a huge range of spot prizes and other event prizes on offer including vouchers and prizes from our amazing partners, which will be drawn at the Prize giving at 10:45am. You need to be in attendance at the prize giving to be eligible for these prizes.



Thanks to our Partners.

A huge thank you to all our partners who help make this series possible — we couldn't do it without you.

